

PACKAGES

Esther's Reset

Signature Massage [60] + Signature Facial [30]

90 minutes

Esther's Retreat

Signature Massage [60] + Signature Facial [60]

120 minutes

Esther's Renewal

Signature Body Scrub [60] + Signature Facial [60]

120 minutes

Esther's Restore

Deep Relief Massage [60] + Renew & Glow [60]

120 minutes

Esther's Sanctuary

Hot Stone [60] + Signature Facial [60]

120 minutes

WAXING

Face

Eyebrows Upper Lip Chin Only

Body

Underarm Half Leg Bikini
Half Arm Full Leg Brazilian
Full Arm
Full Back

INFRARED SAUNA

Single Session

Unwind in gentle infrared warmth designed to ease muscle tension, encourage relaxation, and support healthy circulation.

Available up to 45 minutes. Series/packages also available.



ESTHER'S
WELLHOUSE

A BOUTIQUE
SPA EXPERIENCE



Esther's Wellhouse

102 Depot Street Stanford
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www.estherswellhouse.com

SKINCARE RITUALS

Esther's Signature Facial

A customized facial featuring personalized botanical skincare and restorative touch to support healthy, balanced skin and leave the complexion refreshed and nourished.

The 90-minute experience includes a warm foot soak with Plainview Farm sugar polish, extended massage, and additional treatment enhancements.

30, 60 or 90 minutes

Enhancement add-in: Dermaplane

Blue Radiance Facial

A results-driven facial featuring dermaplaning, Eminence's Blueberry Detox Firming Peel, a cooling Blue Glacier jelly masque, and cryo wand therapy to firm, brighten, and refine the skin. *Not recommended for highly sensitive or rosacea-prone skin.*

60 or 90 minutes

Renew & Glow Facial

A deeply hydrating facial featuring a gentle plant-based peel, dermaplaning, customized jelly masque, calming massage, and layered hydration to smooth and replenish the skin.

60 or 90 minutes

Restore Back Facial

A targeted treatment for the back featuring cleansing, exfoliation, extractions as needed, and a customized masque to clarify, smooth, and restore hard-to-reach skin.

45 minutes

MASSAGE RITUALS

Esther's Signature Massage

A full-body Swedish massage with light to moderate pressure to improve circulation, ease tension, and encourage relaxation.

30, 60 or 90 minutes

Deep Relief Massage

Deeper pressure and targeted techniques relieve chronic tension and muscular fatigue, with Plainview Farm's Feel Better Balm applied to areas of tension.

60 or 90 minutes

Himalayan Stone Massage

Warm, hand-carved Himalayan salt stones are incorporated into a slow, flowing massage to ease tension, encourage relaxation, and lightly exfoliate the skin.

60 or 90 minutes

Hot Stone Massage

Smooth heated basalt stones and therapeutic massage ease muscular tension and encourage deep relaxation without deeper pressure.

90 minutes

Aromatherapy Massage

A full-body massage featuring Plainview Farm's handcrafted botanical body cream in our signature Lemongrass Lavender or current seasonal blend.

60 or 90 minutes

Mother-to-be Massage

A nurturing massage adapted to the changing needs of pregnancy to ease tension and support comfort, circulation, and rest.

60 or 90 minutes | Second or Third Trimester Only

BODY TREATMENTS

Esther's Signature Body Scrub

Warm botanical oil and Plainview Farm sugar polish gently smooth the skin, followed by a refreshing shower and rich botanical body cream for lasting hydration.

Signature aroma: Lavender + Lemongrass

60 minutes

Plainview Farm Purification

Invigorating dry brushing and Plainview Farm Coffee Scrub exfoliate and polish the skin, followed by a refreshing shower, hydrating body cream, and relaxing massage.

60 minutes

ENHANCEMENTS

Dermaplane

Enhance an Esther's Signature Facial with gentle exfoliation to remove dull surface skin and reveal a smoother, brighter complexion.

Available with 30, 60, or 90-minute Esther's Signature Facial.

Scalp & Décolleté Treatment

Soothing massage and nourishing botanical skincare for the scalp and décolleté ease tension and restore hydration.

Add 15 minutes

