



# ESTHER'S WELLHOUSE

STANFORD, KENTUCKY

## MASSAGE

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### Classic Massage

*A stress-relieving full body massage with light to moderate pressure.*

60 minute \$85+ | 90 minute \$115+

### Hot Stone Massage

*A luxurious and relaxing full body massage combined with deep heat therapy.*

60 minute \$95+ | 90 minute \$125+

### Cold Stone Massage

*A treatment featuring aromatherapy and cold stone massage to decrease pain and inflammation.*

60 minute \$95+ | 90 minute \$125+

### Deep Tissue Massage

*A full body massage with moderate to deep pressure designed to alleviate tension.*

60 minute \$95+ | 90 minute \$125+

### Aromatherapy Massage

*A targeted massage combined with customized pure essential oils to align the body and mind.*

60 minute \$95+ | 90 minute \$125+

### Prenatal Massage

*A customized massage for expectant mothers to relieve stress and relax the body.*

60 minute \$95 | 90 minute \$125

### Express Massage

*A stress-relieving full body massage with light to moderate pressure.*

30 minute \$50+

# FACIAL

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## Classic Facial

*Skin therapy customized to your skin type that provides relaxation, tighter pores and a radiant glow.*

60 minute \$85+ | 90 minute \$115+

## Signature Facial

*Targeted skin therapy for dry, oily, aging or acne-prone skin that begins with a skincare consultation.*

60 minute \$95+ | 90 minute \$125+

## Dermaplaning Facial

*A resurfacing treatment that results in smooth skins and radiant and renewed complexion.*

30 minute \$75+ | 60 minute \$125+ | 90 minute \$155+

## Plant Peel

*A natural alternative to a glycolic peel that retexturizes and provides instant exfoliation.*

30 minute \$50+

# BODY SCRUB

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## Signature Body Scrub

*Combines mineral-rich sea salts, coconut oil and aromatherapy to exfoliate and refine the skin.*

75 minute \$125+

## Signature Coffee Scrub

*Combines Coffee and hydrating mineral salts to detoxify and stimulate the skin.*

75 minute \$125+

# SAUNA THERAPY

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*Infrared light therapy is associated with detoxification, immunity and overall health.*

Single Session	Five Sessions	Ten Sessions
45 minute \$30+	[5] 45 minute \$125+	[10] 45 minute \$200+

+ Effective January 2023, a 6% sales tax will be added to all services.

Book your experience at [estherswellhouse.com](http://estherswellhouse.com)  
or by calling 606-257-4171