



ESTHER'S WELLHOUSE

STANFORD, KENTUCKY

MASSAGE

Classic Massage

A stress-relieving full body massage with light to moderate pressure.

60 minute \$85 | 90 minute \$115

Hot Stone Massage

A luxurious and relaxing full body massage combined with deep heat therapy.

60 minute \$95 | 90 minute \$125

Cold Stone Massage

A treatment featuring aromatherapy and cold stone massage to decrease pain and inflammation.

60 minute \$95 | 90 minute \$125

Deep Tissue Massage

A full body massage with moderate to deep pressure designed to alleviate tension.

60 minute \$95 | 90 minute \$125

Aromatherapy Massage

A targeted massage combined with customized pure essential oils to align the body and mind.

60 minute \$95 | 90 minute \$125

Prenatal Massage

A customized massage for expectant mothers to relieve stress and relax the body.

60 minute \$95 | 90 minute \$125

Express Massage

A tension-releasing massage with light to deep pressure focused on an area of concern.

30 minute \$50

FACIAL

Classic Facial

Skin therapy customized to your skin type that provides relaxation, tighter pores and a radiant glow.

60 minute \$85 | 90 minute \$115

Signature Facial

Targeted skin therapy for dry, oily, aging or acne-prone skin that begins with a skincare consultation.

60 minute \$95 | 90 minute \$125

Dermaplaning Facial

A resurfacing treatment that results in smooth skin and a radiant and renewed complexion.

30 minute \$65 | 60 minute \$125

Plant Peel

A natural alternative to a glycolic peel that retexturizes and provides instant exfoliation.

30 minute \$50

BODY SCRUB

Signature Body Scrub

Combines mineral-rich sea salts, coconut oil and aromatherapy to exfoliate and refine the skin.

75 minute \$125

Signature Coffee Scrub

Combines coffee and hydrating mineral salts to detoxify and stimulate the skin.

75 minute \$125

SAUNA THERAPY

Infrared light therapy is associated with detoxification, immunity and overall health.

Single Session

45 minute \$30

Five Sessions

[5] 45 minute \$125

Ten Sessions

[10] 45 minute \$200